

# Swing Bowling Decision Making Workbook - Communicate as a Team

Swing Bowling | Communicate as a Team | Asset ID CRIC-12-04-07

**Purpose:** This original printable decision making workbook helps players, coaches, clubs, schools and families work with swing bowling while pursuing one defined outcome: make calls and feedback short, early and respectful. Its method is to read the situation, name options, choose and review the consequence. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to test movement conditions while keeping line, length and legality stable. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area               | Current evidence                | Next check |
|---|----------------------------|---------------------------------|------------|
| 1 | Ball Condition Observation | Known / estimated / not checked | _____      |
| 2 | Wrist Stability            | Known / estimated / not checked | _____      |
| 3 | Release Line               | Known / estimated / not checked | _____      |
| 4 | Full Length                | Known / estimated / not checked | _____      |
| 5 | Movement Direction         | Known / estimated / not checked | _____      |
| 6 | Control Comparison         | Known / estimated / not checked | _____      |

## Continuity Starting Brief

- Mark: Which evidence separates control comparison from ball condition observation in this case? Mark a checkpoint that another person can recognise.
- Preserve: How does wrist stability change the interpretation of release line? Preserve the context needed to interpret later work.
- Advance: What boundary on full length must be checked before relying on movement direction? Advance one bounded segment toward the outcome.
- Log: Which observation links ball condition observation to full length, and what remains uncertain? Log interruption, error or uncertainty when it occurs.
- Resume: What alternative explanation could account for both release line and control comparison? Resume from evidence rather than memory alone.
- Edition success means: finish a session with fewer avoidable misunderstandings

## Decision Making Workbook

This format is designed to improve choices by linking ball, field and match information. For swing bowling, apply the method in a deliberate sequence: read the situation, name options, choose and review the consequence. The edition target is communicate as a team, so each entry should show what was noticed, what was tried and what changed.

| Working step                        | What to record                                                                                 | Evidence or source       | Status         |
|-------------------------------------|------------------------------------------------------------------------------------------------|--------------------------|----------------|
| Mark Control Comparison             | Which evidence separates control comparison from ball condition observation in this case?      | Checkpoint / date        | Open / checked |
| Preserve Ball Condition Observation | How does wrist stability change the interpretation of release line?                            | Context record / date    | Open / checked |
| Advance Wrist Stability             | What boundary on full length must be checked before relying on movement direction?             | Completed segment / date | Open / checked |
| Log Release Line                    | Which observation links ball condition observation to full length, and what remains uncertain? | Continuity note / date   | Open / checked |
| Resume Full Length                  | What alternative explanation could account for both release line and control comparison?       | Restart point / date     | Open / checked |
| Verify Movement Direction           | What next check on movement direction would make the record about wrist stability more useful? | Chain review / date      | Open / checked |

### Completion Standard

- Keep the work tied to swing bowling, not to a vague general intention.
- Apply this adjustment: agree roles and words before the drill
- Could another person reconstruct the sequence and continue without guessing?
- Expose this outcome risk if it appears: the checkpoint is vague.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-12-04-07 pairs decision making workbook with the outcome 'Communicate as a Team'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Analysis x Continuity Focused Practice Lab

This lab pairs a analysis method with a continuity outcome lens. Work through the six actions to turn the subject focus - test movement conditions while keeping line, length and legality stable - into evidence for communicate as a team. Preserve any gap that prevents a supported conclusion.

| # | Action                                      | Constraint                                                                                                                                                | Record                        |
|---|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| 1 | Question / Mark wrist stability             | Which evidence separates control comparison from ball condition observation in this case? Mark a checkpoint that another person can recognise.            | Question / Checkpoint         |
| 2 | Measure / Preserve release line             | How does wrist stability change the interpretation of release line? Preserve the context needed to interpret later work.                                  | Baseline / Context record     |
| 3 | Analyse / Advance full length               | What boundary on full length must be checked before relying on movement direction? Advance one bounded segment toward the outcome.                        | Pattern / Completed segment   |
| 4 | Contrast / Log movement direction           | Which observation links ball condition observation to full length, and what remains uncertain? Log interruption, error or uncertainty when it occurs.     | Alternative / Continuity note |
| 5 | Stress-test / Resume control comparison     | What alternative explanation could account for both release line and control comparison? Resume from evidence rather than memory alone.                   | Stress test / Restart point   |
| 6 | Qualify / Verify ball condition observation | What next check on movement direction would make the record about wrist stability more useful? Verify that the chain remains complete and understandable. | Decision / Chain review       |

### Common Failure Modes

- For wrist stability, watch for the question is too broad together with the checkpoint is vague.
- For release line, watch for the baseline is not comparable together with context is lost.
- For full length, watch for one result is an outlier together with the segment has no completion rule.
- For movement direction, watch for correlation is mistaken for cause together with an interruption goes unrecorded.
- For control comparison, watch for the alternative fits equally well together with work resumes from a guess.

### Independent Review Question

Format question: Which alternative explanation best challenges the current conclusion? Outcome question: Could another person reconstruct the sequence and continue without guessing? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Communicate as a Team

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs analysis with continuity to pursue this objective: make calls and feedback short, early and respectful. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                  |
|--------------------------|----------------------------------------|
| Purpose                  | Communicate as a Team                  |
| Starting condition       | _____                                  |
| Chosen working area      | _____                                  |
| Continuity note          | agree roles and words before the drill |
| Evidence to capture      | _____                                  |
| Stop or review condition | _____                                  |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                                 | Evidence                      |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| 0-5 min   | Which evidence separates control comparison from ball condition observation in this case? Define the exact analytical question.        | Question / Checkpoint         |
| 5-10 min  | How does wrist stability change the interpretation of release line? Capture a comparable baseline.                                     | Baseline / Context record     |
| 10-18 min | What boundary on full length must be checked before relying on movement direction? Examine the strongest pattern.                      | Pattern / Completed segment   |
| 18-24 min | Which observation links ball condition observation to full length, and what remains uncertain? Test an alternative explanation.        | Alternative / Continuity note |
| 24-27 min | What alternative explanation could account for both release line and control comparison? Check the result under one changed condition. | Stress test / Restart point   |
| 27-30 min | What next check on movement direction would make the record about wrist stability more useful? State a bounded conclusion.             | Decision / Chain review       |

### Analysis Pass Log

| Analysis Pass | Condition      | Observation | Decision              |
|---------------|----------------|-------------|-----------------------|
| 1             | Same / changed | _____       | Keep / change / check |
| 2             | Same / changed | _____       | Keep / change / check |
| 3             | Same / changed | _____       | Keep / change / check |
| 4             | Same / changed | _____       | Keep / change / check |
| 5             | Same / changed | _____       | Keep / change / check |

## Analytical Claim Test - Continuity Lens

This comparison tests swing bowling against communicate as a team through two independent questions. Format: Which alternative explanation best challenges the current conclusion? Outcome: Could another person reconstruct the sequence and continue without guessing? Record material setting differences instead of averaging them away.

| Evidence area              | Baseline | Alternative | Interpretation prompt                                                                          |
|----------------------------|----------|-------------|------------------------------------------------------------------------------------------------|
| Movement Direction         | _____    | _____       | Which evidence separates control comparison from ball condition observation in this case?      |
| Control Comparison         | _____    | _____       | How does wrist stability change the interpretation of release line?                            |
| Ball Condition Observation | _____    | _____       | What boundary on full length must be checked before relying on movement direction?             |
| Wrist Stability            | _____    | _____       | Which observation links ball condition observation to full length, and what remains uncertain? |
| Release Line               | _____    | _____       | What alternative explanation could account for both release line and control comparison?       |
| Full Length                | _____    | _____       | What next check on movement direction would make the record about wrist stability more useful? |

### Format Decision Test

| Field                          | Record                                                                       |
|--------------------------------|------------------------------------------------------------------------------|
| Review question                | Which alternative explanation best challenges the current conclusion?        |
| Outcome question               | Could another person reconstruct the sequence and continue without guessing? |
| Acceptance lens                | finish a session with fewer avoidable misunderstandings                      |
| Conditions held steady         | _____                                                                        |
| Evidence supporting the choice | _____                                                                        |
| Evidence against the choice    | _____                                                                        |

### Analysis Confidence Check

- Checkpoint: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates baselines captured?
- Outcome evidence: which record best demonstrates checkpoints marked?
- Challenge: could work resumes from a guess explain the result?
- Subject boundary: what does this comparison leave unresolved about control comparison?

## Analysis x Continuity Scenario Cards

Use these paired scenarios to rehearse judgement for communicate as a team. Each card joins a analysis failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                             | Review question                                                                                | Decision          |
|---|-------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------|
| 1 | Control Comparison: the baseline is not comparable.   | Which evidence separates control comparison from ball condition observation in this case?      | Checkpoint        |
| 2 | Ball Condition Observation: one result is an outlier. | How does wrist stability change the interpretation of release line?                            | Context record    |
| 3 | Wrist Stability: correlation is mistaken for cause.   | What boundary on full length must be checked before relying on movement direction?             | Completed segment |
| 4 | Release Line: the alternative fits equally well.      | Which observation links ball condition observation to full length, and what remains uncertain? | Continuity note   |
| 5 | Full Length: the conclusion overreaches.              | What alternative explanation could account for both release line and control comparison?       | Restart point     |
| 6 | Movement Direction: the question is too broad.        | What next check on movement direction would make the record about wrist stability more useful? | Chain review      |

### Decision Record

| Field                  | Notes                                                                        |
|------------------------|------------------------------------------------------------------------------|
| Chosen format scenario | _____                                                                        |
| Outcome lens           | Could another person reconstruct the sequence and continue without guessing? |
| Evidence available     | _____                                                                        |
| Evidence missing       | _____                                                                        |
| Controlled next step   | _____                                                                        |
| Person / review date   | _____                                                                        |

## Eight Analysis and Continuity Evidence Tracker

Track communicate as a team across eight practice blocks using the analysis method and the continuity outcome lens. Keep conditions visible and use this review question: Could another person reconstruct the sequence and continue without guessing?

| # | Focus                      | Condition | Result | Next action |
|---|----------------------------|-----------|--------|-------------|
| 1 | Control Comparison         | _____     | _____  | _____       |
| 2 | Ball Condition Observation | _____     | _____  | _____       |
| 3 | Wrist Stability            | _____     | _____  | _____       |
| 4 | Release Line               | _____     | _____  | _____       |
| 5 | Full Length                | _____     | _____  | _____       |
| 6 | Movement Direction         | _____     | _____  | _____       |
| 7 | Control Comparison         | _____     | _____  | _____       |
| 8 | Ball Condition Observation | _____     | _____  | _____       |

### Analysis Evidence Dashboard

| Measure                                                            | Baseline | Current | Evidence location |
|--------------------------------------------------------------------|----------|---------|-------------------|
| Ball Condition Observation: Questions Bounded / Checkpoints Marked | _____    | _____   | _____             |
| Wrist Stability: Baselines Captured / Contexts Preserved           | _____    | _____   | _____             |
| Release Line: Patterns Tested / Segments Completed                 | _____    | _____   | _____             |
| Full Length: Alternatives Considered / Interruptions Logged        | _____    | _____   | _____             |
| Movement Direction: Limitations Stated / Restarts Evidenced        | _____    | _____   | _____             |
| Control Comparison: Conclusions Qualified / Chains Verified        | _____    | _____   | _____             |

### Interpret the Trend

- I left a checkpoint that is meaningful without relying on memory.
- I preserved interruptions and unresolved gaps as part of the record.
- Keep the method only when the evidence for communicate as a team improves without hiding work resumes from a guess.
- How does wrist stability change the interpretation of release line?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Analysis x Continuity Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this decision making workbook, the intended result was communicate as a team; the outcome test is: Could another person reconstruct the sequence and continue without guessing? The close-out standard remains: finish a session with fewer avoidable misunderstandings.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates control comparison from ball condition observation in this case?
- Subject check: How does wrist stability change the interpretation of release line?
- Format check: I tested at least one credible alternative explanation.
- Outcome check: I left a checkpoint that is meaningful without relying on memory.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

### Originality and Responsible Use

Original independent resource. This general practice, observation and review aid was written specifically for asset CRIC-12-04-07. It does not reproduce a book passage, manual, official form, commercial question bank, branded training plan, broadcast, photograph, logo, artwork, map, proprietary diagram or third-party worksheet. Any user-added quotation, image, question or source material remains the user's responsibility and may require attribution or permission.

Educational use only. Verify current facts, rules, competition requirements, local regulations, health and safety conditions with authoritative sources and a suitably qualified person where consequences matter. This workbook does not grant approval, certification, legal rights or permission to use third-party material.